## The Hull Handbell Project

## Promoting double-handed change ringing throughout East Yorkshire

Newsletter Number 7, May 2017.

## News Roundup.

## Quarter Peals

Wednesday $12^{\text {th }}$ April
The Old School, Melton Ross
1380 Plain Bob Major
1-2 Peter Church
3-4 Heather L Peachey
5-6 Christopher LD Munday (C)
7-8 Barry F Peachey
The first recorded length at "The Tower".

Tuesday $25^{\text {th }}$ April
The Old School, Melton Ross

## 1296 Plain Bob Major

1-2 Peter Church
3-4 Heather L Peachey
5-6 Christopher LD Munday (C)
7-8 Barry F Peachey
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Two attempts to ring Quarters Plain Bob Minor came to grief for a variety of reasons. The practice at ringing longer touches will pay dividends as we move forward.

## Out and about.

Easter and the school holidays created a strange set of diary issues, hopefully May and June will be simpler.

## Sutton

The month kicked off with a session in Ron Ducker's flat in Hornsea with Gwynneth Moffat and Chris Church. As well as some courses of Double Bob, we rang a couple of 240s and a 336 of Plain Bob; a good solid practise session.

## Hull Tuesday morning practice (older but no wiser)

On return from holidays Ros B was accompanied by Pat from Barrow. Lots of Bob

Minor, pushing into Bob Major, and some simple call changes on 10. Chris achieved a 720 of PB Minor on the sim.

## Barrow / Melton Ross

First quarter at "The Old School" was rung in April, see above. The band is growing in confidence.
A second quarter was also rung there two weeks later, on the face of it a repeat of the first. The reality was quite different; it was 84 changes shorter but significantly more demanding for ringing two bells.

## Market Weighton

A valiant attempt at a quarter of PB Minor was unsuccessful. We will persist.

## Regional Handbells Day No 3.

Ten ringers of varying ability met at The Old School, Melton Ross on $29^{\text {th }}$ April. The lunch provided by heather was so good we didn't really want to pick up the handbells, but when we eventually did some interesting and progressive ringing ensued.

William from Barrow has a natural rhythm and will make a good handbell change ringer if a regular practise session can be created.

Pat also is progressing well (with PB Minor) now she has joined "older but no wiser" on a Tuesday morning. Ros from Hessle and Bill from North Cave also were both happily ringing courses of Plain Bob Minor, and Karen's touches are coming along just fine.

Chris (C) managed a couple of courses of Plain Bob Major on 3-4 which is progress as was Lesley's Plain Hunting on 8 bells.

Kent TB Minor was the most complex method rung on the day.

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## Learning Change Ringing on Handbells

I encourage people to use spacing from lead and between the bells rather than places inside a change row. On 6 it doesn't matter too much which way you think about it, so long you adopt a consistent single thought, and not a "split bells" approach. On higher numbers the use of spacing is more helpful. Ringing a pair in 2-3 pattern in PB Major for example 2 from lead and 3 between (2FL \& 3B) is actually easier than 3rds and 7ths (because I count it as $1,2, A, 1,2^{x}, 3, B$, where $A$ and $B$ are my bells, and $2^{x}$ is a fixed bell relative to A\&B). In 7-8 to Plain Bob Major and 9-0 to Plain Bob Royal, you get one lead per course in 2-3 pattern hunting, ${ }^{x}$ is the treble.

I also use this counting technique (FL \& B) for 5 apart (3-4 pattern) in Plain Hunting on 10 , happily. 4-5 pattern hunting on 10 is trickier, 1 from lead and 6 between is hard to count, but can be seen more easily as 1 from lead 1 from lie; 2 FL \& 4B, 3FI \& 2B, 4FLM\&C, are easy to see.
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Neurons that fire together, wire together. This is why a single trigger can bring back enormous memories; the smell of coal smoke at the railway at Grosmont took me right back to childhood in a flash. So it is with using the simulator, actually moving the motion detectors as if they were bells (not just a flick) takes the pattern into rhythmic memory, which helps when you pick up physical bells.

The guy ringing 9-0 to Spl. Sur. Maximus in this video is Graham John, he is the person that put Handbell Manager and the motion detectors in front of Abel. https://www.youtube.com/watch?v=ymm2Zi uipcg\&feature=youtu.be

The concentration is unbroken, the rhythm is faultless to a casual listener, the striking is brilliant, the speed is normal.

Different parts of the brain store information from different senses, so a complex activity like ringing creates visual, auditory, rhythmic memories in different brain areas, but all conjoined by new neuron links. (fire\&wire).

## Diary:

2017:

- Hull meetings: See website
- July $1^{\text {st }}$ Handbells Workshop - "Going Beyond Plain Bob Minor", followed by Regional Handbells Day No 4.
- Regional Handbells Day no 5, Saturday $28^{\text {th }}$ October, details to follow.


## Handbell Change ringers wanted:

Do you want to start handbell change ringing at your tower? And don't know how to start? Drop me a line, we can help.

## Handbells Journalists wanted

Send in your news snippets, we would love to hear from you.

Who is ringing what?
peter@pchurch.org.uk

