

# THE HULL HANDBELLS PROJECT

*Promoting double-handed change ringing throughout the East Yorkshire region.*

Newsletter Number 26, December 2018.

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## ***News roundup: Recorded lengths.***

### **Beverley and District Ringing Society**

Friday 2<sup>nd</sup> November, 2018

**Wilberfoss**, E Yorkshire, 28 Millfield Close

#### **1260 Plain Bob Minor, 13E**

1-2 Christine M Church

3-4 Peter Church

5-6 Neil Turner (C)

Friday 2<sup>nd</sup> November, 2018

**Hull**, 33 Westbourne Avenue

#### **1260 Plain Bob Minor**

1-2 Lesley A Davies

3-4 Rebecca M Legowski

5-6 Peter Church (C)

Rebecca is registered blind.

Rung in spite of the gridlock in central Hull.

The 100<sup>th</sup> known handbell Quarter Peal in the city of Hull.

Tuesday 6<sup>th</sup> November, 2018

**Kirk Ella**, 60 Riplingham Road

#### **1440 Kent Treble Bob Minor**

1-2 Christine M Church

3-4 Peter Church

5-6 Christopher LD Munday (C)

The 27<sup>th</sup> handbell Quarter Peal for the Society in 2018, thereby equalling the record number of quarters rung in one year, in 1974.

Friday 9<sup>th</sup> November, 2018

**Hull**, 33 Westbourne Avenue

#### **1260 Plain Bob Minor**

1-2 Hilary Barclay

3-4 Ronald S Barclay

5-6 Peter Church (C)

First since 1979, 3-4.

Sunday 11<sup>th</sup> November, 2018

**Hull**, 33 Westbourne Avenue

#### **2018 Spliced Little & Plain Bob Minor**

1-2 Lesley A Davies

3-4 Christine M Church

5-6 Peter Church (C)

For Armistice Day.

The first Date touch on handbells for the Society since 1980.

Tuesday 13<sup>th</sup> November, 2018

**Hull**, 33 Westbourne Avenue

#### **1320 Spliced Little & Plain Bob Minor**

1-2 Lesley A Davies

3-4 Christine M Church

5-6 Peter Church (C)

Saturday 17<sup>th</sup> November, 2018

**Market Weighton**, 26 Sancton Road

#### **1260 Plain Bob Minor**

1-2 Karen A Lane

3-4 Christine M Church

5-6 Peter Church (C)

Tuesday 20<sup>th</sup> November, 2018

**Kirk Ella**, 60 Riplingham Road

#### **1360 Plain Bob Major**

1-2 A John Atkinson

3-4 Rebecca M Legowski

5-6 Christopher LD Munday

7-8 Peter Church (C)

First inside, 3-4.

200<sup>th</sup> on handbells & 250<sup>th</sup> as conductor, 7-8.

The 50<sup>th</sup> Quarter for the Hull Handbells Project.

Tuesday 27<sup>th</sup> November, 2018

**Hull**, 33 Westbourne Avenue

#### **1360 Plain Bob Major**

1-2 Christine M Church

3-4 Peter Church

5-6 Christopher LD Munday (C)

7-8 Neil Turner

1<sup>st</sup> Major on handbells, 7-8.

## ***Regional Meeting No 9***

Saturday 3<sup>rd</sup> November turned into a difficult day. We had moved the meeting to avoid a clash with a Towerbell Surprise Major practice which was eventually cancelled, only to find a clash with a peal attempt which meant we had fewer experienced handbell ringers available.

Then Hull City Council and the Highways Authority came close to closing down Hull, there were time when traveling by car was slower than travelling on foot. So on the meeting day it was unclear whether anybody would be able to get to the meeting. In the end we had **Ros Baxter** and **Rebecca**

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**Legowski, Bill Lennox, Karen Lane, Ron and Hilary Barclay** and of course **Chris and Peter Church**.

A number of “firsts” were recorded and have been added to the Ringing Master’s list. There were also a number of progressive touches and teaching about calling Plain Bob.

The two quarter peals that we attempted both failed to reach the end, but succeeded in teaching us a few lessons. We will persist and succeed.

## ***Out and about.***

### ***Older but no wiser in Hull***

The first meeting in the month benefitted greatly from having **Chris Munday** and his bells. We rang in two rooms and **Chris** inspired several people to ring at a new level which included splicing Plain Bob and Little Bob.

It also afforded **Chris Church** a valuable opportunity to ring Kent Treble Bob on 3-4. Numerous “firsts” were achieved and these have been added to the Ringing Master’s list.

With the objective of ringing a Date Touch of 2018 Minor for Remembrance Day we have had a focus on Little Bob. The date touch was duly rung in fine style and the following Tuesday we rang a normal length Quarter Peal but included much more of Little Bob to prove that we could ring the method.

The last two “Older but no wiser” sessions had fewer ringers but were very valuable in giving extra hands-on-bells time for those who were there.

### ***Kirk Ella***

There have been no open practice sessions out at Kirk Ella but **Chris and Ann Munday** have (as always) been most welcoming to people for Quarter Peals. Another run in with Kent Treble Bob Minor, this time to 2 full extents, was followed by a good quarter of Plain Bob Major with Rebecca ringing her first on 8 bells on an inside pair.

This was also the 50<sup>th</sup> since the project started.

### ***Wilberfoss***

**Neil Turner** underlined his conductor’s credentials by calling the first quarter this month, 1260 Plain Bob Minor, out at Wilberfoss.

### ***Melton Ross***

It’s an ill wind . . .

**Heather Peachey** managed to damage a finger and hence had been unable to work; this afforded us a rare opportunity to ring handbells in a morning, the extra bonus being a visit to their new home in Melton Ross. A short “pipe-cleaner” of Plain Bob Minor was followed by an exploration of S Clement’s College Bob Minor, the pairs proving quite tricky.

But not as tricky as Single Court rung by watching the treble. This was rung without learning the lines, without simulator practice, just putting the elements of Plain Bob together in a different order.

***The key skill in here is ringing Plain Hunting on autopilot so that the “control centre” can watch where the treble is and hence call up the structure of the method.***

### ***Market Weighton***

The quarter peal with **Karen Lane** on 17th November had a clear purpose of showing her how to make life easier as a conductor on handbells.

We coupled that with some work on Kent TB and Forward Minor.

### ***Sutton***

We had a great session with **Gwynneth Moffatt** ringing a novel 240 of Plain Bob, rotating round the pairs for Kent TB and then a head banging session including Crayford Little Bob, Single Court, Single Oxford, Reverse Court and St Clements College Bob. All good fun with a serious purpose.

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## **Statistics**

10th February 2017 saw the first quarter peal for the project and 20<sup>th</sup> November had the 50<sup>th</sup>. Approximately one every 13 days.

Nine handbell quarters recorded this month for B&D, exceeding the previous record of 8 rung in May 1974.

Peter Church reached 200 quarters on handbells and 250 as conductor. Barking Little Bob Minor springs to mind.

## ***The Learning Curve***

*Yours truly has made some impressive changes to his sleeping patterns. You have in the past received e-mails from me at random times of the day and night, 3:30 (am) was no stranger to me. Not any longer, I have read Matthew Walker's new book, "Why We Sleep" and implemented some of his suggestions. I mention this for two reasons:*

*Sleep is so fundamental to good physical and mental health that I would recommend that everyone reads the book whether or not they are an insomniac.*

*The science of sleep is now beginning to address the learning process, and it seems that the "sorting and filing" of memories is not a one-shot process, it can take 3 or 4 sleeps before information is finally embedded in the neuron structures of the brain.*

*Neurons that fire together, wire together. My brain now associates the first 6 changes of the Stedman slow work with the word "Monday". It took a lot of repetition and "sleeping on it" before I finally got that, together with the rest of the Stedman week.*

*So if you're struggling to learn a method, don't leave it until the last minute before practice to do your revision. If you don't really know it you won't be able to ring it, that's for sure.*

*Start memorising on Wednesday for ringing something new the following Tuesday. Looking at a method during practice sessions is pretty useless, you need to look at it every day until the next session. Then you can sleep on it several times knowing you will be OK on practice night.*

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## ***Ringing Master's month of firsts on handbells:***

### **Hilary Barclay:**

- First course of Plain Bob Minor on 3-4

### **Ron Barclay**

- First quarter peal since 1979

### **Rosina Baxter**

- First attempt at 1-2 to Plain Bob Major

### **Chris Church:**

- First touch of Kent TB Major on 7-8
- First touch of Spliced Plain and Little Bob Major
- First date touch since 1980
- First course of Single Court
- First ringing by associating method structure with the position of the treble.
- First Course of Crayford Little Bob

### **Lesley Davies**

- First touch of Plain Bob Major on 3-4
- First touch of Spliced Plain and Little Bob Minor
- First touch of Spliced Plain and Little Bob Major
- First Date touch
- First course of Single Court
- First ringing by associating method structure with the position of the treble.

### **Karen Lane:**

- First touch of Kent TB Major on 1-2
- First Touches of Plain Bob Minor as conductor
- First blows in Forward Minor

### **Rebecca Legowski:**

- First touch as conductor
- First Little Bob Minor on 1-2 and 3-4
- First touch of spliced Plain and Little Bob Minor
- First Quarter of Major inside

### **Bill Lennox:**

- First course of 5-6 to Plain Bob Minor

### **Gwynneth Moffatt**

- First course of Single Court on handbells

- First ringing by associating method structure with the position of the treble.

- First Course of Crayford Little Bob

### **Barry Peachey**

- First course of Single Court on handbells
- First ringing by associating method structure with the position of the treble.

### **Heather Peachey**

- First course of Single Court on handbells
- First ringing by associating method structure with the position of the treble.

### **Neil Turner**

- First touch of Spliced Plain and Little Bob Major
- First course of Double Bob Minor
- First course of Little Bob Minor
- First Quarter Peal of Major

## ***Progressive ringing, not necessarily firsts, but just as important and valuable:***

### **Pat Donnelly**

- Plain Bob Minor on 3-4

### **Rosina Baxter**

- Touches of Plain Bob Minor on 3-4

### **Chris Church**

- Kent TB Minor on 3-4 & 5-6
- Calling Touches of Plain Bob Minor